

Kenya Football Coaching & Teaching in Nairobi

Come and teach the children of this magical country the art of the beautiful game. Use your skills in the classroom too and help offer them a new future.

Kenya is a land of intense beauty, epic landscapes, fascinating tribes and exuberant communities. Magnificent wildlife roams across vast Rift Valley plains, white sand beaches fringe the turquoise Indian Ocean and ancient tribal communities practise traditional customs little changed since the dawn of time. All these combine to provide a destination of unparalleled appeal and fascination.

Travel to this spectacular land and immerse yourself in a community and culture in which you will be made to feel incredibly welcome. The people are positively inspiring and the landscape, national parks, beaches and surrounding islands are stunningly beautiful.

Once you've learnt to do things the Kenyan way you'll never want to leave this unique travel destination.

PROJECT HIGHLIGHTS

- Discover this land of intense beauty
- Earn your TEFL certificate for free
- Teach young children to play football
- Enjoy a challenging and varied work schedule

PROJECT REQUIREMENTS

- Minimum age of 17 years

FAST FACTS

Location	Kenya, Nairobi
Activities	Teach English Extracurricular activities Marking pupils' work
Creating lesson plans	
Football coaching	
Football training	
Transport	Airport pickup
Accommodation	Homestay

WHAT WILL I BE DOING?

Your work schedule will be challenging and varied but always enjoyable, as you embark on your teaching placement in a local community or government school. You will engage fully with your pupils, using your creativity and initiative to deliver a stimulating teaching programme.

You will benefit in terms of your personal and professional experience and will be encouraged to formulate ideas and develop your teaching skills and techniques. Working either with a local teacher or independently, you could be directly involved with marking pupils' work, preparing homework and assembling innovative and effective lesson plans.

The Kenyan education system works on simple standard levels, each of which corresponds to one year of school and has its own standard text books for each subject. This makes it straightforward for you to pick up on the syllabus where they left off, understand what students are working towards and come up with creative and exciting ways to help them understand the topics. Primary school is open to all in Kenya and continues until the age of 14/15 years, when students lucky enough to attain good grades may be able to secure sponsorship or scholarships to continue their education to high school and beyond. The hard work you put in during your project could really make a difference to the future of these determined and enthusiastic children.

After school and at weekends you will go with the kids to the football foundation, where young athletes work hard to coach local children in football, keeping them fit and healthy and learning team work rather than spending their evenings on the streets. You will be able to help teach, train and coach these enthusiastic young sportsmen and women, as well as having plenty of chances to play in some of the older teams as well!

WHAT HAPPENS WHEN I ARRIVE?

You will be picked up from Nairobi airport by a friendly local staff member and transported to your accommodation. Once you have had time to rest, the local staff will introduce you to your project and the local area. Both your host and local coordinator will be more than happy to help you settle in and acclimatise and you'll feel at home in no time in this friendly, bustling community.

WHERE WILL I BE STAYING?

You will be staying with a friendly host in a homestay, which will allow you truly to experience Kenyan culture. We choose our hosts carefully to ensure that they are able to provide the support and security needed to make your stay comfortable – and fun! The homestay will usually have a bathroom, living room with TV and kitchen with a fridge and will be close to transport and local shops. You will be made to feel part of the family from the moment you arrive and you will soon find yourself immersed in home and community life.

WHAT WILL I BE EATING?

You will eat with your host and will be provided with two meals a day, enabling you to get a true feel for the Kenyan lifestyle and sample some authentic African home cooking. For lunch, volunteers usually eat out with colleagues or at the projects themselves, as they are away from the homestay.

Kenyan cuisine offers a variety of dishes based on meat and vegetable stews. Most dishes are

served with either rice or ugali, the staple food for most of sub-Saharan Africa made from maize flour. You may also have the chance to sample such delicacies as "oysters Mombasa", fish or chicken in coconut, groundnut soup or beef and potato stew and for pudding, bananas cooked in banana leaves.

COSTS

2 weeks	€ 845
Extra week	€ 295

DEPARTURE DATES

Weekly, please arrive on a Monday.

DURATION

2 weeks

This project is available throughout the Christmas period

WHAT'S INCLUDED

Before you go

- Pre-departure support & documentation
- Travel & medical advice & documentation
- Advice on visas & equipment
- Discounted medical kit
- Free Frontier t-shirt

In-country

- Food (2 meals a day)
- Accommodation
- Airport pick-up & drop-off
- Project orientation and training
- In-country emergency support
- 24-hour international HQ back-up

AIRPORT INFORMATION

Nearest airport(s): Nairobi Jomo Kenyatta International Apt (NBO)

CONTACT INFORMATION

Call us on 020 7613 2422 (UK) / 1 949 336 8178 (US)

Mail us on info@frontier.ac.uk

Check out our social media here:

Project details were correct at the time this document was generated. Price, dates and other details are subject to change. Please see our website for current details for this project.